

59. A method according to claim 37, wherein the gestagen is administered orally and / the natural estrogen is administered orally.

60. A method according to claim 38, wherein the gestagen is administered orally and / the natural estrogen is administered orally.

61. A method according to claim 56, wherein the gestagen is administered orally and / the natural estrogen is administered orally.--

62. A method according to claim 14, wherein there is a menstrual bleeding at the end of said period.

63. A method according to claim 36, wherein there is a menstrual bleeding at the end of said period.

64. A method according to claim 37, wherein there is a menstrual bleeding at the end of said period.

65. A method according to claim 38, wherein there is a menstrual bleeding at the end of said period.

66. A method according to claim 56, wherein there is a menstrual bleeding at the end of said period.

67. A method according to claim 14, wherein the second phase is the last 8 to 10 days of said period.

68. A method according to claim 14, wherein said period is 28-84 days.

69. A method according to claim 14, wherein said period is 28-56 days.--